

(Parent to Parent, Continued)
Spokane/Lincoln/Whitman (509) 328-6326
Walla Walla/Columbia/Garfield/Asotin*
(509) 524-2920

PENINSULA REGION

Grays Harbor/Pacific* (360) 537-7000
Kitsap/Jefferson/Clallam (360) 377-3473
Thurston/Mason (360) 352-1126

NORTHWEST REGION

Skagit/Island/San Juan* (360) 416-7570
Snohomish (425) 258-2459
Whatcom* (360) 255-2056

PIERCE/KING REGION

King* (206) 364-6337
Pierce (253) 565-2266

SOUTHWEST REGION

Clark/Skamania (360) 823-2236
Cowlitz/Wahkiakum (360) 425-5494
Lewis (360) 880-0672

SEATTLE CHILDREN'S (206) 987-1119

* These P2P Programs offer Spanish Language referrals, information, and translation.

PAVE (Parents are Vital in Education)

Workshops, resources and referral regarding Special Education.
Toll-free (800) 572-7368

Self-Advocacy Organizations

King County Self Advocates (206) 545-7055

People First (800) 758-1123

Donna Lawry, Coordinator

Self Advocates of Washington

Bob Furman (253) 571-8665

Special Education Technology Center

Contact (509) 963-3350

Special Education Support Center

Information (877) 843-1343

Special Olympics Of Washington State

Information (800) 752-7559

Tourettes Syndrome

Information and referral. (206) 621-2108

United Cerebral Palsy of South Puget Sound

Information and referral. (253) 565-1463

VCFS/DiGeorge Family Support Network of WA

Information, referral, and support.
Contact (206) 523-0142

Washington State Father's Network

Support and resources for Fathers.
(425) 747-4004
ext. 4286

Washington State Sensory Disability Services

Information, technical assistance and resources.
(800) 572-7000

WISE

Employment Opportunities (206) 343-0881

*The Arc of Washington State
2638 State Avenue NE
Olympia, WA 98506
(360) 357-5596
www.arcwa.org*

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PARENT TO PARENT SUPPORT PROGRAMS

Disability Information and Referral

**Toll Free
1-888-754-8798**

www.arcwa.org

The Arc of Washington State

Advocacy, information and referral, education of policy makers and the public.

State Office (360) 357-5596
Toll-free (888) 754-8798

Local Arc Chapters

Clark (360) 254-1562
Cowlitz Valley (360) 425-5494
Grays Harbor (360) 537-7000
King County (206) 364-6337
Kitsap/Jefferson (360) 377-3473
Pierce County (253) 589-2572
Snohomish County (425) 258-2459
Spokane County (509) 328-6326
Tri-Cities (509) 946-5157
Whatcom/Island/Skagit County (360) 715-0170
Yakima County (509) 453-4756

Autism Outreach Project

Information and referral.
Toll-free (888) 704-9633

Autism Society of Washington

Information, referral and support.
Contact (888) 279-4968

Bates Paraeducator Training Program

Information and registration.
Contact (888) 872-7221

Brain Injury Association of Washington

Information and referral.
Toll-free (800) 523-5438

CHADD Northwest Chapter

Information and referral.
Contact (206) 622-2127

Center for Change in Transition Services

Contact (206) 296-6494

Developmental Disabilities Council

Information and referral.
Toll-free (800) 634-4473

Disability Rights Washington

Legal advocacy and information.
Toll-free (800) 562-2702

Down Syndrome of Puget Sound

Information and referral.
Contact (206) 527-2496

Easter Seals Society of Washington

Training, information, and direct service.
Toll-free (800) 678-5708

Education Ombudsman

Help with education issues statewide. Trainings available. (800) 297-2597

Epilepsy Foundation Northwest

Information and referral.
Toll-free (206) 547-4551

Evergreen Spina Bifida Association

Information and referral. (888) 289-3702

Family Health Line (800) 322-2588

Family to Family Health Information Center

Information and referral about special health care needs and insurance (800) 572-7368

FAS Family Resource Institute

Information, referral and support regarding Fetal Alcohol Syndrome.
Toll-free (800) 999-3429

FEAT of Washington (Families for Effective Treatment of Autism)

Information and referral. (206) 763-3373

WithinReach (Healthy Mothers, Healthy Babies)

Information and referral. (800) 322-2588

Infant Toddler Early Intervention Program

Information and referral. (360) 725-3500

Learning Disabilities Association

Information and referral.
State Office Toll-free (425) 882-0820

Div. of Behavioral Health & Recovery (Mental Health)

Jeannette Barnes, Parent Advocate
(360) 725-1313

Parent Coalitions

Legislative advocacy.
Benton/Franklin (509) 967-3974
Sharon Adolphsen
Clallam (360) 681-8642
Tresa Stuber
Clark County (360) 759-4917
Darla Helt & Kathleen Weber
Grays Harbor (360) 537-7000
Dee Dee Garman
Jefferson County (360) 379-8934
Jenell DeMatteo
King (425) 883-6721
Margaret-Lee Thompson
Kitsap (360) 769-2220
Nancy Martin
Lewis County (360) 880-0672
Paula Zamudio
Pierce County (253) 564-0707
Julie Wasson & Diane Larsen
Skagit County (360) 610-6403
Joy Caldwell
Snohomish County (425) 258-2459
Kelly Church & Tracie Diemert
Spokane County (509) 328-6326
Lance Morehouse
Whatcom County (360) 715-0170
Susan Jewell
Yakima County (509) 453-4756
Linda Fox

Parent-to-Parent Support Programs

Emotional support, information, referral and systems navigation.
Toll-free state office (800) 821-5927

CENTRAL REGION

Grant/Adams/Okanogan* (509) 765-5809
Kittitas/Chelan/Douglas (509) 929-7277
Yakima* (509) 574-3200

EAST REGION

Benton/Franklin* (509) 946-5157